

TRAIN WITH THE PROS APPLICATION

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BIRTH DATE		нт		WT	
USA HOCKEY #	÷				
E-MAIL					
20-21 TEAM					
POSITION					
LEVEL / AGE:	MITE SC	QUIRT	PEEWEE	BANT	AM
	HOUS	SE TR	AVEL		
METHOD OF I	PAYMENT				
CASH Amount Enclos	CHEC ed \$		CREDIT	CARD	
All returned chec	2				
Make checks pa	ayable to: Ar	ctic Ice /	Arena		
Type of Card (I			-	_	
Visa Maste	erCard Disc	over Ai	nEx _	Exp	
ARD #					
Full Name of Cardho	older (Please Prin	t)	Signatur	e of Cardhol	der
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TRAIN WITH THE PROS



TWICE THE ICE FOR THE PRICE! *THIS CAMP IS OFFERED TO HOUSE & TRAVEL PLAYERS *GROUPS ARE SEPARATED BY AGE AND LEVEL OF PLAY TO MAXIMIZE DEVELOPMENT





David Gust

(USHL) Fargo Force 2011-2013 (NCAA) The Ohio State University 2013-2017 (AHL) Edmonton Oilers 2017-2019 (AHL) Carolina Hurricanes 2019- Present **Nick Schilkey**

(USHL) Green Bay Gamblers 2011-2013 (NCAA) The Ohio State Univiersity 2013-2017 (AHL) Carolina Hurricanes 2017-2018 (AHL) Pittsburgh Penguins 2019-Present Clark Cup Champion(USHL Calder Cup Champion(AHL) Jeff Kubiak

(USHL) Chicago Steel 2011-2013 (USHL) Muskegon Lumberjacks 2012-2013 (NCAA) Cornell University 2013-2017 (AHL) New York Islanders 2017-2021







Print Parent/Guardian Name

Signature



What's the camps focus?



FORWARDS

During camp, forward will be challenged through small area situations to simulate game like feels to help further their skill development, as well as full ice flow drills that will use the whole rink, teaching players how to get up and down the ice efficiently. Strong focus on:

-Shooting and stickhandling -Plays below the dots -Ice Awareness -Knowing what to do with the puck before and after you receive it. -1 on 1's, 2 on 1's, 3 on 2's. What to look for in each situation.

DEFENSEMEN

During camp, defenseman will focus on both ends of the ice. We will focus on edge work, transitioning, gap control, getting back on pucks effectively, jumping in the rush, and offensive zone skills.

Strong focus on:

- -Boxing out/net front play -Sticking Positioning
- Retrieving pucks and breaking out -Gap Control -Jumping in the rush





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DATES AND FEES

JULY 19th-23rd mites squirts peewees BANTAMS Only \$400

Fee includes lunch each day!

GENERAL INFORMATION

ICE TIME! ICE TIME! ICE TIME!

* 5 hours of Ice Time Per Day Tons of Skill Work, Edge Work And Game Like Situations



10:00 - 12:00	ICE TIME
12:00 - 12:30	LUNCH
12:30 - 2:30	ICE TIME
2:40 - 3:40	SCRIMMAGE

FOR MORE INFORMATION, CONTACT RYAN HOLKE AT

HOCKEYDIRECTOR@ARCTICICEARENA.NET