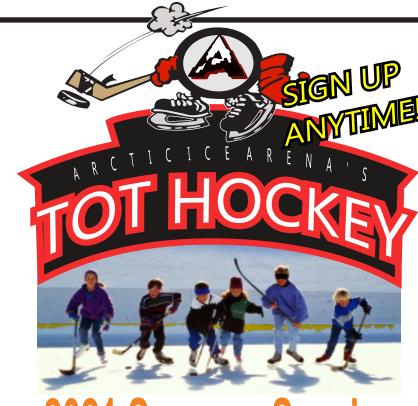


Tot Hockey Arctic Ice Arena



Date:_____ Parent's Name:_____ Address:_____ City, State, Zip:_____ Home Phone:_____ Cell Phone:_____ Email:_____ Child's Name:____ Date of Birth:_____ Day of the Class:_____ Payment: Cash \$_____ Check #



2021 Summer Session

Saturday's

June 5th-Aug 28th

Group A: 9am-9:30am

Group B: 9:40am-10:10am

NO CLASSES JULY 3RD

12 WEEK SESSION

For More Information hockeydirector@arcticicearena.net 10700 West 160th Street Front Desk 708.403.4231 - Ext.100 Orland Park, IL 60467

Arctic Ice Arena



Class Schedule: TOT HOCKEY 12 WEEKS

Register for the group time you want to attend

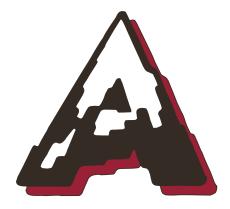
SATURDAY'S

Group A: 9:00am-9:30am

Group B: 9:40am-10:10am

Classes run June 5th-Aug 28th
NO CLASSES JULY 3RD





Description

TOT Hockey (Ages 3-5)

Instructions will cover:

- *Standing,marching and standing still dips.
- * Marching, gliding, dips while moving, back wiggles and beginning swizzles.
- *Forward skating, one foot glides, forward and backward swizzles and snowplow stops.
- *Backward skating, backward swizzles and two foot turns.
- *Basic hockey stance and how to hold and control the hockey stick

Equipment Requirements:

USA Hockey-approved helmet with face masks, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.

Each class meets 30 minutes per week.
The sessions last 12 weeks and
the cost of the class is \$135.
NO REFUNDS