



Introduction To Hockey

Arctic Ice Arena



Date: _____

Parent's Name: _____

Address: _____

City, State, Zip: _____

Home Phone: _____

Cell Phone: _____

Child's Name: _____

Date of Birth: _____

Day of the Class: _____

Cost of the Class: _____

Payment: Cash \$ _____

Check # _____

INTRODUCTION TO HOCKEY



2021 Winter Session (8 WEEKS)

Fridays

Jan 15th - March 5th

Saturdays

Jan 16th - March 6th

Sundays

Jan 17th - March 7th

For More Information
Call Chris Cimoch
708.403.4231 - Ext.138



Arctic Ice Arena
10700 West 160th Street
Orland Park, IL 60467

Description

Arctic Icemen "Introduction to Hockey"

This class will introduce the children to the "stick" skills of the game: stick handling, passing, and shooting, as well as refining the skills learned in Tot Hockey. The students advance through a series of levels until all have been mastered. Each student progresses at his/her own rate. Each Intro to Hockey class features 45 minutes of instruction, followed by a 15-minute mini-scrimmage.

Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.



Each class meets 60 minutes per week and the sessions last 8 weeks, the cost of the class is \$175.

For More Information
call Chris Cimoch at
708.403.4231 X138

Introduction To Hockey

8 Week Session

Class Schedule

A background image showing a hockey coach in a white shirt and red cap standing on an ice rink, with two young players in full hockey gear (black and orange jerseys) in front of him.

Fridays 6:20pm
Jan 15th - March 5th

Saturdays 11:40am
Jan 16th - March 6th

Sundays 11:40am
Jan 17th - March 7th