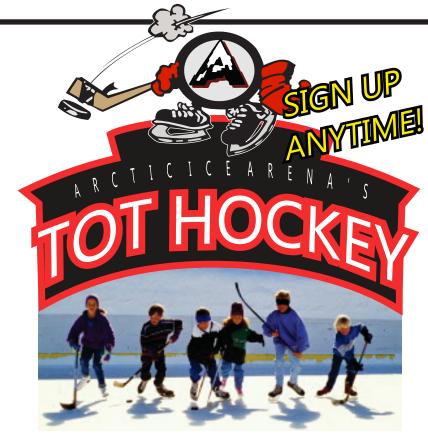


Tot Hockey Arctic Ice Arena



Date:
Parent's Name:
Address:
City, State, Zip:
Home Phone:
Cell Phone:
Child's Name:
Date of Birth:
Day of the Class:
Cost of the Class:
Payment: Cash \$ Check #



2018 Spring Session #1

Wednesday February 28th - March 21st

Saturday March 3rd - March 24th

Sunday March 4th - March 25th

For More Information Call Chris Cimoch 708.403.4231 - Ext.138



Arctic Ice Arena 10700 West 160th Street Orland Park, IL 60467



WEDNESDAY

CLASS AVAILABLE AT:

5:30pm

Classes Run

February 28th - March 21st

SATURDAY

CLASS AVAILABLE AT:

10:30am

Classes Run From

March 3rd - March 24th

<u>*SUNDAY*</u>

CLASS AVAILABLE AT:

10:30am

Classes Run From

March 4th - March 25th



For more information call Chris Cimoch at 708.403.4231 x138

Description

Arctic Icemen "Tot Hockey" Classes

Instruction starts at the very beginning helping to build the child's confidence and teaches the student the basic skating skills of: balance, one- and two-foot glides, forward swizzles, forward pushing, backwards wiggles and swizzles, two-foot turns, walking sideways and two-foot snow plow stops.

The students then continues on to forward strides, forward crossovers, one-foot snow plow stops, and backward c-cuts. The basics of puck control, passing, and receiving will also be introduced. Each class will be divided by the player's skill.

Equipment Requirements:
USA Hockey-approved helmet with face mask,
hockey stick, protective hockey gloves,

elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.

Each class meets 30 minutes per week.

The sessions last 4 weeks and
the cost of the class is \$35