

# ***Arctic Ice Arena's***

# ***ADULT***

## ***Learn to Play Hockey***



***Must be 18 or over***  
***June 3 – July 22, 2011***

***For more information contact  
Chris Cimoch at 708-403-4231 ext 138  
10700 W 160th St  
Orland Park, IL 60467***

Wish you could be out playing Rat Hockey? Are your friends on a Men's League team? Get ready to join them! Sign up for Adult Learn to Play!

The classes will work on the following:

- Forward & Backward Skating
- Starts & Stops
- Crossover Turns
- Stickhandling, Passing & Shooting

**Fridays at 7:30 – 8:30pm**  
**June 3 – July 22, 2011**

Full Ice Hockey Equipment is Required:  
Skates, Shin Pads, Pants & Cup, Shoulder Pads,  
Elbow Pads, Gloves, Stick, Helmet (HECC  
approved).

Ages 18 & over  
Maximum Class Size is 20 players

Cost is \$20 per day

Show up for 1, 2 or all!

Pay at the Front Desk for each  
Class you attend.

