

Description

Arctic Icemen "Introduction to Hockey"

This class will introduce the children to the "stick" skills of the game: stick handling, passing, and shooting, as well as refining the skills learned in Tot Hockey. The students advance through a series of levels until all have been mastered. Each student progresses at his/her own rate. Each Intro to Hockey class features 45 minutes of instruction, followed by a 15-minute mini-scrimmage.

Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.



Each class meets 60 minutes per week and the sessions last 8 weeks, the cost of the class is \$130.

For More Information
call Chris Cimoch at
708.403.4231 X138

Class Schedule Introduction To Hockey

Fridays 5:50pm

March 26

April 2, 9, 23, 30

May 7, 21, 28

Saturdays 11:40am

March 20, 27

April 3, 10, 24

May 1, 8, 22

Sundays 11:40am

March 21, 28

April 11, 18, 25

May 2, 9, 16

10% OFF

our Intro To Hockey equipment package!

Valid for one Intro. To Hockey equipment package.
Not valid with any other coupon or discount, may only be used once.
While supplies last. No photocopies please.



Expiration Date: MAY 2010

THERE WILL BE NO REFUNDS FOR ANY CLASSES