

Arctic Ice Arena
"2009 Arctic Heat Wave Invitational"
August 8, 2009
Endorsed by the Ice Skating Institute #1-1010-2009

Arctic Ice Arena cordially invites you to our "2009 Arctic Heat Wave Invitational" on August 8, 2009 at our state-of-the-art facility located at 10700 West 160th Place, Orland Park, IL 60467 – Phone (708) 403-4231 Ext. 121. The events included in this competition are: Solo Programs, Compulsories and Music Interpretation for Freestyle 1-10, Tot, Youth, Teen, Junior Youth, Senior Youth and Adult Synchro Skating and Formation teams and Special Skater 1-10.

Eligibility

All skaters entering this competition must be individual members of the Ice Skating Institute. Skaters must enter in the highest test passed and must be registered with ISI before July 1, 2009.

Members of the USFSA are eligible to compete in accordance with the ISI/USFSA Joint Statement of Policy. Requirements for test levels in which USFSA skaters may compete are listed below. Please refer to standards and charts listed in the ISI Test Standards.

If USFSA skaters have passed:

Pre-Preliminary
Preliminary
Juvenile
Intermediate
Novice
Junior
Senior

They must compete no lower than:

Freestyle 3
Freestyle 4
Freestyle 5
Freestyle 6
Freestyle 7
Freestyle 8
Freestyle 9

Registration number and test level must be entered in the appropriate areas on the Competition Entry Form. False information will result in disqualification. Your rink's Figure Skating Director must verify this information with his or her signature at the bottom of the Entry Form.

All entry forms must be received at the Arctic Ice Arena no later than July 1, 2009.

Competition Schedule

A competition schedule will be posted at the Arctic Ice Arena, on the AIA website at www.arcticicearena.com and sent to participating rinks.

If you wish to receive an individual schedule you must include a self-addressed, stamped envelope with your application.

Registration/Music Information

All skaters are to register one hour prior to scheduled program event. Music must be turned in at the registration table one hour prior to scheduled event. Compact Discs are required. CDs must be properly labeled on the music side. CDs must be picked up at the registration table within a reasonable time after the completion of the event.

Special Note: This competition will use the *NEW Skaters and Coaches Handbook* as all programs skated must reflect the latest ISI Test Standards and Competitions Standards 2008 Edition. We recommend that skaters and coaches refer to the current publication available through the ISI Office, 17120 North Dallas Parkway, Dallas Texas 75248-1187. Phone: (972) 735-8800.

PERFORMANCE RULES:

Solo Program

All routines shall start from a stationary position. The timing of a routine will start with any action after the music starts. There will be a short warm-up before each division skates.

Tot & Pre-Alpha skaters are not required to perform an additional move from Freestyle 1. Program length is one minute with a ten second leeway.

Tot 1 is a beginner skater who can walk on ice, has forward movement ability and has been introduced to backward swizzles.

Tot 2 is a skater who has Tot 1 skills with strong Pre-Alpha ability.

Alpha, Beta, Gamma and Delta skaters must include one and only one additional maneuver from Freestyle 1. Skaters who perform more than one FS 1 maneuver will be penalized with a 2.0 for Additional Maneuver. These programs will have the same 10 second leeway. Duration will be graded for Pre-Alpha through Delta.

Beta	The foot must be lifted off the ice for Backward Crossovers. Cutbacks do not meet the test requirements.
Gamma	Three strokes must precede the Mohawk combination for a total of 7 steps.
Delta	The order of the edges must be consecutive outside-outside, then inside-inside. Lunges must be completed with a one foot glide and performed in a straight line.

Maneuvers listed under the heading "Choice of One" in Delta, Freestyle 3, 6, 7 and 8 means that only one maneuver may be performed. In case of misinterpretation, the performance of the first maneuver will be graded.

The dance step sequences for Freestyle 2-3 have a mandatory pattern that may be performed in either direction. Beginning from Freestyle 4 the mandatory patterns must be performed exactly as shown in the ISI Skaters and Coaches Handbook. All patterns can be found in the ISI Skaters and Coaches Handbook.

Freestyle 6	Add the serpentine dance step sequence previously required in the freestyle 8 test.
Freestyle 7	Add a combination spin that includes a flying spin and at least four different body positions with at least one change of foot.
Freestyle 8	Add the double flip jump previously required in Freestyle 9. Remove the serpentine and straight-line dance step sequences as a choice for this level. Leave the circular pattern as the requirement for this level.
Freestyle 9	Remove the double flip jump from this test. Add an arabesque/bauer/spread eagle sequence that covers the entire ice surface in a serpentine pattern that demonstrates grace, creativity, speed and flow. Add the straight-line dance step sequence previously required in Freestyle 8.
Freestyle 10	Add a dance step sequence of the skater's own design that covers the entire ice surface. This sequence should demonstrate the skater's creativity through the use of a variety of the most difficult turns and edges. Speed and flow should be superior.

All events with set duration times will have a 10 second leeway. Judging stops at 10 seconds over the prescribed time. Required maneuvers performed after the 10 second leeway will not be counted. Programs that are 11-14 seconds over the set duration will be given an 8.0 for duration. Programs that are 15 seconds or more will be given a 5.0 for duration. No penalty for skating under the set duration.

Skaters in Freestyle 1-10 are not permitted to perform any additional maneuvers from higher levels.

The penalty for an illegal additional maneuver in Freestyle or Interpretation events will be 2.0 for correctness.

Competitors may include all maneuvers up to and including the level in which they are competing. The event referee or competition director will decide on any uncaptured jumps, spins, mishaps or unforeseen difficulties. This decision will be final.

Accounting Review Requests must be made in writing no more than one hour after the results have been posted. All Accounting Review Requests must include a \$50.00 Accounting Review Request fee, which will be refunded if the Accounting Review Request is upheld. Accounting Review Requests will be considered valid if a standard or rule has been incorrectly applied or interpreted and invalid if judgment is in question. Accounting Review Requests must be filed with the registration table by the team coach or Figure Skating Director.

Music Interpretation Event

Freestyle 1-4 single rotation jumps, spins and any uncaptured moves they wish to perform including single axel jumps and split jumps.

Freestyle 5-10 single and double rotation jumps and any spins and uncaptured moves the skater wishes to perform. Triple rotation jumps will not be permitted in the interpretation event.

Solo Compulsories

Skaters are no longer required to perform the selected maneuvers in the required order. This eliminates the penalty for performing maneuvers out of order. Additional maneuvers such as any jump, spin or gliding maneuver from a test level or any uncaptured move are not allowed.

Compulsory Event – Tot through Delta

Three pre-selected maneuvers are to be performed one time in any order in a pre-choreographed program with a minimum amount of connecting steps between each maneuver. Only the first attempt of each of the three pre-selected maneuvers will be judged. Maneuvers will not be called out and no music will be used. Tot through Delta will use half ice and should not exceed one minute.

The following compulsory maneuvers will be skated in each level of competition:

Tot 1	Two Foot Glide, Dip and Backward Wiggle
Tot 2	Forward Swizzle, One Foot Glide, Pushes and Glides (Stroking)
Pre-Alpha	One Foot Glide, Forward Swizzles and Backward Swizzles
Alpha	Forward Stroking, One Foot Snowplow Stop, Right over Left forward crossovers
Beta	Backward Stroking, Left Foot T-stop, Left over Right backward crossovers
Gamma	Right Forward Inside Open Mohawk Combination, Left Forward Outside Three Turn, Hockey Stop
Delta	Forward Outside Edges, Bunny Hop, Left Forward Inside Three Turn.

Compulsory Freestyle Event (FS 1-10)

Three pre-selected maneuvers are to be performed one time in any order in a pre-choreographed program with a minimum amount of connecting steps between each maneuver. Only the first attempt of each of the three pre-selected maneuvers will be judged. Duration for all levels will be limited to one minute. After one minute, judging will stop and no penalty is assessed. The following competition penalties will apply for this event. Performance of an incorrect maneuver will result in a score of zero. Maneuvers will not be called out and no music will be used. Freestyle 1-5 will be skated on half ice. Freestyle 6-10 will be skated on full ice.

The following compulsory maneuvers will be skated in each level of the competition.

- FS 1 Half Flip, Waltz Jump, Two Foot Spin
- FS 2 Ballet Jump, Half Lutz, One Foot Spin
- FS 3 Salchow Jump, Toe Loop OR Toe Walley Jump, Change Foot Spin
- FS 4 Flip Jump, Loop Jump, Sit Spin
- FS 5 Lutz Jump, Axel Jump, Camel Spin
- FS 6 Split Jump, Double Salchow, Spin Combination with change of foot and position
- FS 7 Double Toe Loop OR Double Toe Walley Jump. Two Walleys in Sequence, Flying Camel Spin
- FS 8 Double Loop, Split Lutz, Flying Sit Spin or Axel Sit Spin
- FS 9 Double Lutz Jump, Axel/Double Loop Jump, Flying Camel Spin into a Jump Sit Spin
- FS 10 Double Axel/Double Toe Loop Combination, Triple Edge Jump, Death Drop

Synchronized Formation and Synchronized Skating Teams

The names of the divisions and the age requirements will be as follows:

Tot	Majority of skaters ages 6 and under
Jr. Youth	Majority of skaters ages 8 and under
Youth	Majority of skaters ages 9-11
Sr. Youth	Majority of skaters ages 12-14
Teen	Majority of skaters ages 14-19
Adult	Majority of skaters ages 20 and over

It is recommended that these all be separate divisions, but when entries are limited, the Competition Director may combine Youth and Senior Youth Divisions to provide competition for teams. All other divisions may NOT be combined even if entries are limited.

The Synchronized Formation and Synchronized Skating Team Entry Form must be complete in listing every team, and member's name, individual ISI number, and age as of August 8, 2009.

Team Competition

First place in a division receives five points for their team; second place receives four points, third place receives three points, fourth place receives two points and fifth place receives one point. Trophies will be awarded to the top three point earning visiting teams. Team awards will be presented at the end of the competition or may be picked up by a representative by arrangement with the AIA Competition Director.

Special Skater

The ISI Special Skater 1-10 category is open to skaters of all ages with physical or mental disabilities.

Coaches

All coaches must wear a Coach/Judge badge before they will be allowed near ice door areas to put skaters on the ice. These badges allow the coaches to enter restricted areas. Badges help maintain security and traffic as well as mark coaches for their judging ability. Coaches who fail to obtain these badges will not be allowed near ice doors. Badges may be obtained through the registration table.

Judging

In order to create fair judging panels, coaches from participating rinks will be asked to judge. All judges must have an ISI Judges Certification. Each rink is required to send at least one judge for every 10 participants. If a rink fails to do so, team points will be deducted.

Video/Flowers

We will make every effort to provide these amenities at the competition. An area will be created for your own personal photo opportunities and you are invited to bring your video camera. Please exercise courtesy when taking pictures or videotaping. No flash photography in ice arena during ANY event.

ARCTIC ICE ARENA

Presents its

"2009 ARCTIC HEAT WAVE INVITATIONAL"

AUGUST 8, 2009

Entry Deadline: July 1, 2009

ISI Endorsement #1-1010-2009

Skater's Name _____ Age as of 8/8/09 _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____ Male/Female _____

Birthdate _____ ISI Membership # _____ ISI Level _____

(passed & registered as of 7/1/09)

I am a member of the USFSA and have competed at the Novice level in Singles, Dance, Pairs or Synchro within the last 2 years: Yes _____ No _____

SOLO

COMPULSORY

MUSIC INTERPRETATION

_____ Tot 1-2 (Level)

Not Available

Not Available

_____ Pre-Alpha

Not Available

Not Available

_____ Alpha

_____ Alpha

_____ Alpha

_____ Beta

_____ Beta

_____ Beta

_____ Gamma

_____ Gamma

_____ Gamma

_____ Delta

_____ Delta

_____ Delta

_____ FS 1-10 (Level _____)

_____ FS 1-10 (Level _____)

_____ FS 1-10 (Level _____)

_____ Special Skater 1-10 (Level _____)

Single Event: \$50.00 Additional Event: \$15.00

Family Member: \$30.00 each

_____ + _____ + _____ = Total _____

Single Event

Additional Event

Family Member

Please make checks payable and mail to: Arctic Ice Arena, Attention: Competition Director, 10700 West 160th Street, Orland Park, IL 60467. Entries received after July 1, 2009 will be accepted only at the discretion of the Competition Director and an additional fee of \$20.00 will be added. ABSOLUTELY NO REFUNDS GIVEN WITHOUT A DOCTOR'S NOTE!

"I skate in this competition at my own risk for _____" (home rink)

Signature _____ Parent/Guardian _____

"I declare that the above information is true and this skater is registered as an individual member of ISI."

Coach's Signature _____ Director's Signature _____

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*TEAM ENTRY FORM
Page One of Two*

*Team Coaches: Use a separate entry form for EACH team.
NO REFUNDS*

Name of Team/Group: _____ *ISI Team #* _____
(Please print)

Rink/Team Address: _____ *Phone* _____

Coach/Instructor Name: _____ *Phone:* _____

Email: _____

Number of Skaters: _____ *Title of Music:* _____

We skate at our own risk at this competition for _____
Name of Rink/Team

Instructor Signature: _____

Select Event:

Select Majority Age Group:

____ *Synchronized Skating Team*

____ *Tot (Majority 6 & under)*

____ *Jr. Youth (majority 8 & Under)*

____ *Synchronized Formation*

____ *Youth (Majority 9-11 Years)*

____ *Sr. Youth (Majority 12-14 years)*

____ *Teen (Majority 14-19 Years)*

____ *Adult (Majority 20 and Up)*

Synchronized Formation and Synchronized Skating Teams:

The minimum number of skaters on a team is 8 and the maximum is 24. The Team Entry form must be complete in listing every team member's name, age individual ISI number and the ISI Team number. Age for Synchronized events is determined as of August 8, 2009.

ALL ENTRIES MUST BE POSTMARKED BY JULY 1, 2009 AND MAILED TO:

*ARCTIC ICE ARENA
10700 W. 160TH STREET
ORLAND PARK, IL 60467
ATTENTION: COMPETITION DIRECTOR*

*MAKE CHECK PAYABLE TO; ARCTIC ICE ARENA
PHONE NUMBER AND DRIVER'S LICENSE NUMBER MUST APPEAR ON FACE OF THE CHECK*

Payment is due in full when your entry is submitted. A \$25 penalty fee will be charged for any checks returned by the bank.

TOTAL NUMBER OF SKATERS: _____ *@ \$15.00 per skater =* _____
TOTAL

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*TEAM ENTRY FORM
Page Two of Two*

TEAM NAME: _____ *ISI TEAM #* _____

<i>Name</i>	<i>Age as of 8/8/09</i>	<i>ISI Membership #</i>
1.		
2.		
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22.		
23.		
24.		

VERIFICATION INFORMATION:

"I skate in this competition at my own risk for _____ (Rink Name)."

Skater's Signature

Parent/Guardian Signature

"The above information is true and the skater is registered with and has individual membership with The Ice Skating Institute."

Coach or Skating Director Signature

Rink Verification Stamp

Are you an active USFS member who has competed at or above the novice level (individual or synchronized) at any USFS National Championship within the last two years? _____ Yes _____ No