



INTRODUCTION TO HOCKEY



SPRING SESSION

INTRODUCTION TO HOCKEY WILL BE A 11 WEEK ON ICE PROGRAM, WORKING ON THE SKILLS NEEDED TO BE READY FOR ADM, AS WELL AS FULL ICE GAME PLAY.

WHAT WILL WE LEARN IN THAT 11 WEEKS?-The class will consist of players developing individual skills. (Skating, edge work, stick handling, shooting, proper passing technique, and more) **AS WELL AS** taking the skills we learned, and using them in Small Area Games! 2v2 games, 3v3 games, and even including some full ice 5v5 games!

MARCH 24 - JUNE 9

SUNDAYS: 9:00 - 10:00am

MAX ENROLLMENT- 35 PLAYERS

\$420 PER SKATER

NO REFUNDS

**NO ICE 4/14
DUE TO PREVIOUSLY
SCHEDULED EVENT**

THE PROCESS

Players will begin with the basics techniques of skating (with and without the puck), stickhandling, puck control, shooting and passing! From there, we will take those skills and incorporate them into some more complex drills involving skating, passing, and shooting! Only to finish up the last 4 weeks by using those skills learned to play some fun filled games!!

OUR GOAL

Development of a young hockey player is so very important. Our staff wants what is absolutely best for each individual players development. Every player progresses at a different rate. Our goal as coaches is to make sure each player is placed where they need to be moving forward, to help further their development the best we can! That all starts with Introduction To Hockey.

**PLEASE DIRECT ALL QUESTIONS TO HOCKEY DIRECTOR, RYAN HOLKE,
AT HOCKEYDIRECTOR@ARCTICICEARENA.NET**